

PSHE & CITIZENSHIP

Intent, Implementation and Impact

INTENT



PSHE and Citizenship scheme of work aims to equip students with essential skills for life; it intends to develop the whole student through carefully planned and resourced lessons that develop the knowledge, skills and attributes students need to protect and enhance their wellbeing.

Through these lessons, students will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them. Our successful PSHE curriculum coverage is a vital tool in preparing students for life in society now and in the future.

Lessons within the scheme of work have their foundations in seeing each and everyone's value in society, from appreciation of others in units such as Diverse Britain, to promoting strong and positive views of self in Think Positive and Be Yourself.



PSHE units aim to cover a wide range of the social and emotional aspects of learning, enabling students to develop their identity and self-esteem as active, confident members of their community. The themes and topics support social, moral, spiritual and cultural development and provide students with protective teaching on essential safeguarding issues, developing their knowledge of when and how they can ask for help. Resources are fully in line with the 'Learning Outcomes' and 'Core Themes' within the PSHE core curriculum.

The scheme of work covers all of the required objectives and follows the three core areas of Health and Wellbeing, Relationships and Living in the Wider World. The scheme of work fulfils the requirements of 2020 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHE curriculum.

IMPLEMENTATION



PSHE scheme of work is designed to be taught in units, which consist of six criteria. It is combined within a programme of Study (NCFE RSHE Level 1 and Level 2) which is taught alongside. This enables students to recall and build upon previous learning, exploring the underlying principles of PSHE education regularly at a depth that is appropriate for the age and stage of the student.

Lessons also signpost key words, building a rich vocabulary to develop understanding. Units are delivered in a creative manner, using many approaches such as scenarios, discussion and theory with groups of various sizes. These activities enable students to build confidence and resilience. Resources are also provided for communicating with parents and carers about how and why each theme is covered and suggestions for extending the learning at home in relation to blended learning.

Assessment for learning opportunities are built into each lesson and enhanced by the attainment tracker included in each unit. This enables self-evaluation and reflective learning and allow teachers to evaluate and assess progress. Each lesson begins with a discussion, revisiting student's existing knowledge and experience, providing an opportunity for baseline assessment. Each lesson ends with an opportunity to consolidate and reflect upon learning. Tools are provided for summative assessment, allowing progress to be recorded and tracked.

IMPACT



PSHE scheme of work provides an effective curriculum offer for wellbeing. Students are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others. They will apply their understanding of society to their everyday interactions, from the classroom to the wider community of which they are a part.



PSHE scheme of work supports the active development of a school culture that prioritises physical and mental health and wellbeing, providing students with skills to evaluate and understand their own wellbeing needs, practise self-care and contribute positively to the wellbeing of those around them. Successful PSHE education can have a positive impact overall, including student's academic development and progress, by mitigating any social and emotional barriers to learning and building confidence and self-esteem.

The delivery of our PSHE and Citizenship education will help all students including the disadvantaged and vulnerable children, achieve by raising aspirations and empowering them with skills to overcome barriers they face. PSHE is targeted as a whole-school approach to positively affect wellbeing, safeguarding and SMSC outcomes. This can ensure that all students are able to develop the knowledge, skills and attributes they need to succeed at school and in the wider world

In PSHE, we recognise the importance of the methods and practice of teaching (the pedagogy) we choose to use in enabling pupils to know more, understand more and remember more. In PSHE and Citizenship, the following approaches will be used, and be evident in pupil discussion, observations and portfolio work. This ensures that the PSHE and Citizenship learning opportunities are as effective as possible and that pupils progress throughout the year and across year groups during their experiences in school:

- Setting the PSHE and Citizenship learning that is about to take place within the chronology of pupils learning to date. Starting with what the students know, understand, are able to do and able to say.
- Review most recent learning in PSHE and Citizenship (constructivism Inquiry-based learning)
- Specify key vocabulary to be used and its meaning. Teacher modelling; questioning; mix of individual, paired and group instruction
- Provide relevant and realistic information, which reinforces positive social norms.
- Provide opportunities for students to work interactively with the teacher acting as the facilitator.
- Provide opportunities for students to make real decisions about their lives, to take part in activities, which simulate adult choices and where they can demonstrate their ability to take responsibility for their decisions.