

'Shining light on potential'

BROMLEY BEACON ACADEMY

LONDON SOUTH EAST ACADEMIES TRUST

The PSHE curriculum at Bromley Beacon Academy

NCFE CACHE LEVEL 2 CERTIFICATE IN MENTAL HEALTH AWARENESS

SIXTH FORM CAREERS

DRUGS & RISK

PERSONAL FINANCE

POSITIVE WELLBEING

PREJUDICE & CHALLENGE

HEALTH & WELLBEING

YEAR 12/13

Health and Wellbeing and Living in the Wider World

Living in the Wider World – Beyond School and Global Citizenship

Crime and the Wider World

Health and Personal Safety

NCFE CACHE LEVEL 2 CERTIFICATE IN RELATIONSHIPS, SEX AND HEALTH EDUCATION YEAR 2

YEAR 11

RSE and Healthy Living

NCFE CACHE LEVEL 1 AWARD IN ALCOHOL AWARENESS

Emotional wellbeing

NCFE CACHE LEVEL 1 AWARD IN AWARENESS OF SUBSTANCE MISUSE

Living in the Wider World

Relationships and sex and Mental Health and wellbeing

NCFE CACHE LEVEL 2 CERTIFICATE IN RELATIONSHIPS, SEX AND HEALTH EDUCATION YEAR 1

Employability skills and living in the wider world

RSE, Mental Health and Wellbeing

Relationships + Diversity and Living Responsibly

YEAR 10

NCFE CACHE LEVEL 1 AWARD IN RELATIONSHIPS, SEX AND HEALTH EDUCATION

Prejudice, Values, Extremism and Cults and personal safety

RSE and Careers and Finance

RSE and Global Citizenship and Personal Safety

SAFETY FIRST

Healthy Relationships with Others and Ourselves and Rights and Responsibilities

Personal Safety and Discrimination, Prejudice and Challenges

Healthy lifestyles, Emotional Wellbeing and Responsible Health Choices

YEAR 9

RSE, Mental Health and Wellbeing

Consent and the laws

CONSENT

Intro to puberty and hygiene
Changing and growing
Media standards of beauty (self-awareness)

Careers focus

Finance

Pregnancy and fertility

Healthy lifestyle

Sexual health

Stages of reproduction

Managing feelings identifying healthy relationships

Risks, personal safety, drugs and alcohol awareness

Relationships Healthy/unhealthy

What do stereotypes, prejudice and discrimination mean?

LGBTQ+

Managing feelings in relation to intimacy

Managing pressure / peer pressure

CAUTION PEER PRESSURE

YEAR 8

Mental health in relation to ourselves (managing stress and anxiety)

Self-care, support and safety

Mental health in relation to media

Change, hopes and goals for the future